



## MEET THE INFLUENCER

### Ellen Lowre

Ellen has over 15 years' experience as a professional in clinical nutrition, health and wellness. She joined CCL Hospitality Group in 2009 and is a Leader. Mentor. Innovator. Highly accomplished Health & Wellness professional directing operational excellence at an institution where strategic vision, decisive management style, executive leadership, and expertise in Nutrition, Health, and Wellness are held at a premium.

Ellen is a Transformational Leader credited with creating and launching innovative and effective programs that improve the quality of resident and client care; served as the architect of the Oh So Good program focused on freshly prepared meals featuring substitutions that improve the overall nutritional content of each dish. Advanced Expertise in Client Relationship Management, with experience fostering environments that are tightly focused on the delivery of excellence in dining, health and wellness, weight management, and nutritional advisory services.

#### FOOD & WELLNESS INFLUENCERS

Featured Influencer, Ellen Lowre, VP,  
Nutrition, Sustainability & Wellness